

Springwell Community School Dinner Menu – Week 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef & Lamb Hot Pot	Margarita Pizza	Pork Sausage Casserole	Chicken Fillet Burger	Battered Haddock Fillet
Potatoes/Rice of the day	Roast Potatoes	Chips	Roast Potatoes	Potato Wedges	Chips
Vegetables of the day	Cauliflower & Sliced Carrots	Baked Beans & Sweetcorn	Green Beans & Cauliflower	Fresh Salad	Baked Beans or Mushy Peas
Dessert	Lemon Sponge	Apple & Blackcurrant Crumble & Custard	Fresh Strawberry Cheesecake with Cream Topping	Vanilla Muffin & Strawberry Cream	Chocolate Cornflake Crunch
<p>Also Available Every Day</p> <p>Tomato & Basil Pasta Pot or Jacket Potato with a choice of Toppings</p> <p>Fresh Self – Help Salad Bar and Fresh Fruit</p> <p>Alternative Homemade Bake Biscuits or Bun, Yoghurt, Mousse and Fresh Fruit</p> <p>Cheese and Biscuits</p> <p>Bottled Water & Dilute pop within Key Stage Areas.</p>					

This menu is applicable the weeks commencing:

Monday 7th October 2013

Monday 20th January 2014

Monday 12th May 2014

Monday 11th November 2013

Monday 17th February 2014

Monday 16th June 2014

Monday 9th December 2013

Monday 24th March 2014

Monday 14th July 2014