

Springwell Community School Dinner Menu – Week 4

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Spicy Chicken Chilli Fajitas	Lasagne	Chicken Korma	Chicken Fillet Burger	Battered Haddock Fillet
Potatoes/Rice of the day	Oven Roast Wedges	Duchess Potatoes	Steamed Rice	Potato Wedges	Chips
Vegetables of the day	Green Peas & Sweetcorn	Peas & Whole Carrots	Peas & Sweetcorn	Whole Baby Carrots & Trimmed Baby Beans	Baked Beans or Mushy Peas
Dessert	Lemon Sponge & Custard	Rice Pudding and Jam	Chocolate Sponge with Chocolate Sauce	Bakewell Tart & Custard	Jam Cream Scone
<p>Also Available Every Day</p> <p>Tomato & Basil Pasta Pot or Jacket Potato with a choice of Toppings</p> <p>Fresh Self – Help Salad Bar and Fresh Fruit</p> <p>Alternative Homemade Bake Biscuits or Bun, Yoghurt, Mousse and Fresh Fruit</p> <p>Cheese and Biscuits</p> <p>Bottled Water & Dilute pop within Key Stage Areas.</p>					

This menu is applicable the weeks commencing:

Monday 14th October 2013

Monday 27th January 2014

Monday 19th May 2014

Monday 18th November 2013

Monday 4th March 2014

Monday 23rd June 2014

Monday 16th December 2013

Monday 31st April 2014

Monday 21st July 2014