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Ref:	WWS/SE	Enquiries to:	
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Date:	19.03.19	Email:	

Dear Parents/Carers

We are starting to run 'Sunshine Circles' in our school based on Theraplay® principles. A Sunshine Circle is a group involving all children in enjoyable activities. The sessions are designed to build relationships, allowing children to grow socially, emotionally and often intellectually.

Every activity helps to develop your child's self-esteem, sense of belonging, ability to trust and to care for themselves and others. As part of Sunshine Circles children will participate in various nurturing activities where they hold hands for songs and games, dab lotion onto hands, knees and shins, and put a hand on a child's shoulder to give reassurance, for example.

The sessions are led by staff, trained in Theraplay® techniques and are supported by other adults. As part of our ongoing professional development and our research on the impact of Theraplay®, some sessions may be videoed and used for staff discussion and training.

We are looking forward to introducing Sunshine Circles to our children. Each session will involve active and pleasant experiences, leading to an atmosphere of fun, caring, acceptance and encouragement.

If you have any questions, concerns or would like to know more about Sunshine circles, please contact your child's class teacher.

Yours sincerely



Donna Martin
Care Team Lead